

### **Sunday 4<sup>th</sup> July**

Dentdale and Sedbergh

A Walk Strenuous 16 miles. Alight Garsdale, Return Kirkby Stephen.

Mallerstang Edge and Nine Standards Rigg: High Dyke, The Highway, Hell Gill, Hugh Seat, Gregory Chapel, High Seat, High Pike Hill, Nine Standards Rigg, Nateby, Kirkby Stephen.

C Walk Moderately Strenuous 12 miles. Alight and Return Dent.

The Howgill Fells: Sedbergh, Green Mea, Arant Haw, Calders (674m), The Calf (676m), Cautley Spout, Fawcett Bank, Sedbergh. Bus to/from Sedbergh.

D Walk Moderate 8 miles. Alight and Return Dent.

Climb a Peak Slowly: The Howgill Fells, Calders (674m): Sedbergh, Winder, Green Mea, Arant Haw (605m), Rowantree Grains, Calders (674m), Descend to Sedbergh.

Bus to/from Sedbergh.

E Walk Moderately Easy 7 miles. Alight and Return Kirkby Stephen.

Halfpenny Cottage, Nateby, Lockthwaite, Birkett Hill, Ewbank Scar, Bollam Bridge, Kirkby Stephen, Croglam Castle to station.

F Walk Easy 6 miles. Alight and Return Langwathby.

History in the Landscape: Lady's Walk, Eden Lacy Church, isolated in the fields close to the vanished hall; the world's oldest bailey bridge; an old Cumbrian racecourse; tea at an ancient working water-mill at Little Salkeld; and the fascinating village of Langwathby.

### **Sunday 11<sup>th</sup> July**

Swaledale over the Buttertubs Pass.

A Walk Strenuous 13 miles. Alight and Return Ribbleshead.

Gunnerside, Botchergill Gate, Blind Gill, Little Punchard Head, Reeth.

Coach to Gunnerside, from Reeth.

C Walk Moderately Strenuous 10 miles. Alight and Return Ribbleshead.

Muker, Crackpot Hall, Lownethwaite, Merryfield, Moorhouse, Gunnerside.

Coach to Muker, from Gunnerside.

E Walk Moderately Easy 8 miles. Alight and Return Ribbleshead.

Freetham, Foregill Gate, Riddings Farm, Skelgate Lane, Reeth. Coach to Freetham, from Reeth.

F Walk Easy 6 miles. Alight and Return Ribbleshead.

Reeth, Riddings farm, Thirns, Heulagh, Scabba Wath Bridge, Hew Hill, Reeth. Coach to/from Reeth.

Other Walks

D Walk Moderate 9 miles. Alight Ribbleshead, Return Settle.

Ribbleshead Viaduct, Brunt Scar, Ewes Top, Twistleton Scars, Beezleys, River Doe, Ingleton.

Bus to Settle (fare extra, concessions free) or Bus to Ribbleshead.

G walk Easy Stroll 2 miles/2½ hours. Alight and Return Langwathby.

This weekend is Scarecrow Festival at Langwathby. Have a walk round the village, learn about its history, see fantastic scarecrows, have tea at an ostrich farm.

### **Sunday 18<sup>th</sup> July**

A Walk Strenuous 13 miles. Alight Ribbleshead, Return Settle.

Whernside and Gragareth: Little Dale Beck, Whernside, Yorda's Cave, Gragareth, Turbary Road, Ingleton. Bus to Settle (fare extra, concessions free).

C Walk Moderately Strenuous 13 miles. Alight and Return Kirkby Stephen.

Christopher Brow Top, Ash Fell Edge, Smardale Bridge, Crosby Garrett, Smardale Mill, Kirkby Stephen and to railway station.

D Walk Moderate 9 miles. Alight Lazonby, Return Langwathby.

Kirkoswald church and town, Raven Beck, Park Head, Addingham Church, Long Meg and her Daughters, Little Salkeld Mill.

E Walk Easy 7 miles. Alight Horton, Return Settle.

Horton, Moughton, Studrigg, Wharfe, Wood Lane, Austwick, Clapham.

Bus to Settle (fare extra, concessions free).

F Walk Easy 7 miles. Alight and Return Kirkby Stephen.

History in the Landscape: Lord Wharton's deer park, Wharton Dykes, Lammerside Castle, Mire Close Bridge, Wharton hall, Nateby, Whinney Hill to station.

## **Sunday 25<sup>th</sup> July**

Talkin Tarn, Brampton and Lannercost Priory

**B Walk Strenuous 12 miles. Alight and Return Langwathby.**

Croglin, Middle Top, Tarn Mouth Fell, Talkin Fell, Talkin Tarn. Coach to Croglin, from Talkin Tarn.

**D Walk Moderate 8 miles. Alight and Return Langwathby.**

Castle Carrock, Gelt Gorge, Gelt Woods, Roman Inscribed Stones, Capon Tree, Talkin Tarn. Coach to Castle Carrock, from Talkin Tarn.

**E Walk easy 7 miles. Alight and Return Langwathby.**

Castle Carrock, Look around village, Reservoir, Garth Foot, Jockey Shield, Gelt Bridge, Old Tramway, Talkin Head Farm, Farlam, round Talkin Tarn. Coach to Castle Carrock, from Talkin Tarn.

**G Walk Easy Stroll and Visit 2 miles. Alight and Return Langwathby.**

A stroll around Brampton- 63 pubs for 180 houses. This and many other fascinating facts will be discovered. Followed by a coach ride (5 minutes) to visit Lannercost Priory. Coach to Brampton, from Lannercost.

**H Walk Easy Stroll and Visits 1 ½-2 miles. Alight and Return Langwathby.**

A stroll around the mysterious Talkin Tarn; then some lunch at the café.

Take the Coach via Brampton to Lannercost Priory for optional guided tour – small entrance fee. Tea at the Priory café. Coach to Talkin Tarn, from Lannercost Priory.

**Other Walks**

**C Walk Moderately Strenuous 13 miles. Alight Dent/Return Horton.**

Dent Coal Road, Swinelea Cowm, Newby Head Gate, Gearstones Inn, God's Bridge.